

## Stats for Pre-teens & Teens' Technology Use

- 88% of students surveyed use Instagram and Snapchat
- 81% of students surveyed use Facebook
- 51% of students surveyed said they use Snapchat more than 11 times per day
- 90% of Snapchat users surveyed said they enjoy the Geo-Filters
- 50% of Snapchat users surveyed said they'd feel disconnected from friends if not for Snapchat
- 25% of Snapchat users surveyed said indicated Snapchat is essential to their relationships  
[www.socialmediaweek.org/blog/2017/04/stats-gen-z-social-mobile/](http://www.socialmediaweek.org/blog/2017/04/stats-gen-z-social-mobile/)
- 72 % of college students view porn— 93 percent of males and 62 percent of females — had seen porn before they turned 18, and another study found that 87 percent of college-aged men and 31 percent of college-aged women reported using pornography. [www.deseretnews.com/article/865646668/Addiction-label-may-delay-teens-recovery-from-online-porn.html](http://www.deseretnews.com/article/865646668/Addiction-label-may-delay-teens-recovery-from-online-porn.html)
- In 2016 alone, Pornhub got 23 BILLION visits. That's 729 people a second, or 64 million a day—nearly equal to the population of the United Kingdom. Enough porn was watched in 2016 on this one website that all the data would fill 194,000,000 USB sticks. Last year alone, 91,980,225,000 videos were watched on Pornhub. That's 12.5 videos for every person on the planet.
- According to research by security technology company Bitdefender, kids under the age of 10 now account for 22% of online porn consumption among the under 18 age.
- 75% of girls with low self-esteem reported engaging in negative activities like cutting, bullying, smoking, drinking, or disordered eating.
- About 20% of teens will experience depression before they reach adulthood.
- 7 in 10 girls believe that they are not good enough or don't measure up in some way, including their looks, performance in school and relationships with friends and family members. [www.dosomething.org/us/facts/11-facts-about-teens-and-self-esteem](http://www.dosomething.org/us/facts/11-facts-about-teens-and-self-esteem)
- Teens who spend five or more hours per day on their devices are 71 percent more likely to have one risk factor for suicide. [www.npr.org/2017/12/17/571443683/the-call-in-teens-and-depression](http://www.npr.org/2017/12/17/571443683/the-call-in-teens-and-depression)
- 16% use parental controls to restrict their teen's use of his or her cellphone.
- 16% use monitoring tools on their teen's cellphone to track their location. [www.pewresearch.org/](http://www.pewresearch.org/)
- 70% of children 7 to 18 years old have accidentally encountered online pornography, often through a web search while doing homework.
- 90% of children ages 8-16 have seen online pornography.
- Law enforcement officials estimate that more than 50,000 sexual predators are online at any given moment.
- 1 in 5 youth ages 10 to 17 received a sexual solicitation or were approached online.

Check out [www.common sense media.org](http://www.common sense media.org) for reviews of apps, movies, gaming sites, and more. Go to [www.covenanteyes.com](http://www.covenanteyes.com) for free resources and info on protecting your family on the internet.

## Filtering & Monitoring

### Great sites with general technology safety:

- [www.connectsafely.org](http://www.connectsafely.org)

### Web-browsers that have parental protection and filtering:

- K9 Web Protection Browser By Blue Coat Systems, Inc.  
<http://itunes.apple.com/us/app/k9-web-protection-browser/id407657840?mt=8>
- Mobicip Safe Browser with Parental Controls. <https://itunes.apple.com/us/app/mobicip-safe-browser/id299153586?mt=8>

### Programs that will allow you to see the phone calls and text messages your child is sending:

- <http://www.mobile-spy.com>
- <https://webwatcher.com/freetrial/3/index3.html> (This program provides both cell phone and pc monitoring and allows you to see: SMS & Texts including Deleted Texts, Photos (camera roll), Website History, Call Log History, GPS Location, Tinder, WhatsApp, Kik, Viber and App Usage.
- [www.wezift.com](http://www.wezift.com)
- [www.spyzie.com](http://www.spyzie.com)
- [www.connectsafely.org](http://www.connectsafely.org)

### Parent Controls:

- Apple Devices: <http://netsecurity.about.com/od/frequentlyaskedquestions/a/How-To-Setup-Parental-Controls-On-An-Ipad-Ipod-Touch-Or-Iphone.htm>  
<http://www.common sense media.org/blog/how-to-set-parental-controls-on-the-iphone>
- To disable Safari: Go to Settings/ General/Restrictions (Which should be turned on), enter your passcode, then simply turn off any apps you choose. Turn Safari off.
- Kindle/Kindle Fire: <http://www.amazon.com/gp/help/customer/display.html?nodeId=201239620>
- Netflix: <https://help.netflix.com/en/node/264>
- Android: <http://mamabearapp.com/parental-control-apps-android/>
- YouTube Parent Controls: <https://support.google.com/youtube/answer/174084?hl=en-GB>
- Amazon Echo Parental Controls: Set up OpenDNS on your home's router (this is necessary in order to filter web content, since the Echo doesn't have a content filter of its own, yet it obviously does connect to the Internet). You'll want to set up the parental controls in Amazon Prime following this video: <https://protectyouneyes.com/content/amazon-echo-parental-controls/>

### Texting Slang

ASL(RP)	Age Sex Location (Race/Picture)
BF/GF	Boyfriend/Girlfriend
BRB	Be Right Back
CD9	Code 9 – means parents are here
GNOC	Get naked on cam (webcam)
GTG	Got to go
IDK	I don't know
MIRL	Meet in real life
LOL	Laugh out loud
MorF	Male or Female
MOS	Mom over shoulder
NIFOC	Naked in front of computer
Noob	Newbie
NMU	Not much, you?
P911	Parent emergency
PAW	Parents are watching

PIR	Parents in room
POS	Parent over shoulder
PRON	Porn
PRW	Parents are watching
S2R	Send to receive (pictures)
TDTM	Talk dirty to me
W/E	Whatever
WTF	What the f...
GNRN	Get naked right now
FMH	F...me harder
IWS	I want sex
IIT	Is it tight?
Q2C	Quick to come
RUH	Are you horny?
SorG	Straight or Gay
JO	J... off
YWS	You want sex
WYCM	Will you call me?

### #Hashtags

#deb, "depression"
#sue, "suicide"
#ana, "anorexic"
#mia, "bulimia"
#ednos, "eating disorder not otherwise specified"
#thinsp, "thinspo" or "thinspiration"
#borderline, "borderline personality disorder"
#svv, "selbstverletzendes Verhalten" or self-harming behavior
#secretsociety123, community of people who engage in NSSH, or non-suicidal self harm
#420, "weed" or "pot," can also be represented by the maple leaf emoji, any leaf, tree, or pineapple emoji and the green check mark, as in "Yes, I have or can get some."

### Dangerous App Trends

**Yik Yak:** The producers of this app call it "the anonymous social wall for anything and everything."

**Tinder:** dating tool or an anonymous hook-up

**Ask.fm:** linked to suicides.

**Kik Messenger:** Reviews in the App Store reveal that many use Kik to meet strangers for sexting and cyberbullying

**Snapchat:** Snapchat pics don't completely disappear, and users can take a screenshot before vanishing.

**Vine:** kids can find nudity, sex, drug use, offensive language, hardcore sexuality, and more

**Whisper:** This 17+ app's motto is: "Share Secrets, Express Yourself, Meet New People." An anonymous social network that lets users share secrets with strangers. Police say it also shows users' location so people can meet up.

**Tumblr:** easily access pornographic, violent, and inappropriate content.

**Instagram:** connecting with people they don't know well or at all.

**Jailbreak Programs and Icon-Hiding Apps:** hacking your own device to lift restrictions on allowable applications meaning, the user can then download third-party apps not sold in the App Store or Google Play store

**Chatroulette:** Log into the site and people are randomly connected with another person logged into the site.

**Poof:** by Cydia. With one touch, Poof makes apps disappear before parents' prying eyes.

**After School App:** The entire app revolves around anonymous and private message boards for any given school.

**Minecraft:** Minecraft has a sex mode (also called "sexcraft") that can be accessed in the game app.

**BeeTalk:** that kids use to get around a parent who checks their text messages.

**Spotafriend:** Basically like Tinder for teens.

**Flinch:** screenshots of your child's face and a live video link to your child's location.

**WhatsApp:** Does not require password, provides no limit on adult content, frequently used by online predators.

**TikTok**- Formerly known as "Music.ly", this app can be fun and used innocently, however, it is not difficult to find videos that contain swearing and sexually charged lyrics or women wearing revealing clothing.

**Calculator Vault Apps**- It looks like a calculator and even functions as such, but plug in a passcode, and you'll gain access to hidden photos and videos. Many of these apps are free to download, and some allow the entire vault to be uploaded to cloud storage that can be accessed even after the app is deleted.

**MeetMe**: A dating social media app that connects people based on location. Users are encouraged to meet in person.

**Bumble**: Similar to Tinder, but requires women to make the first contact. Law enforcement says kids and teens can create fake accounts and falsify their age.

**Live.Me**: A live-streaming app that uses geolocation to share videos. The sheriff's office said users can earn "coins" to "pay" minors for photos.

**Grindr**: A dating app geared toward the LGBTQ community based on user location.

**Holla**: This self-proclaimed "addicting" video chat app lets users meet people in seconds. Law enforcement said users have seen racial slurs and explicit content.

**Skout**: A location-based dating app that is supposed to prohibit people under 17 from sharing private photos. However, police say kids can easily create an account with a different age.

**Badoo**: A dating and social media app where users can chat and share photos and videos based on location. Police say the app is supposed to be for adults only, but they've seen teens create accounts.

**Hot or Not**: The app lets users rate profiles, check out people in their area and chat with strangers. Police say the goal of the app is to hook up.

***More info & resources at [www.candygibbs.com](http://www.candygibbs.com)!***