

# Stats for Pre-teens & Teens' Technology Use

- 91% of Gen Z use YouTube
  - https://blog.ryan-jenkins.com/how-generation-z-uses-technology-and-social-media
- 88% of students surveyed use Instagram and Snapchat
- 81% of students surveyed use Facebook
- 51% of students surveyed said they use Snapchat more than 11 times per day
- 90% of Snapchat users surveyed said they enjoy the Geo-Filters
- 50% of Snapchat users surveyed said they'd feel disconnected from friends if not for Snapchat
- 25% of Snapchat users surveyed said indicated Snapchat is essential to their relationships

## www.socialmediaweek.org/blog/2017/04/stats-gen-z-social-mobile/

- 72 % of college students view porn—93 percent of males and 62 percent of females had seen porn—before
  they turned 18, and another study found that 87 percent of college-aged men and 31 percent of college-aged
  women reported using pornography. www.deseretnews.com/article/865646668/Addiction-label-may-delayteens-recovery-from-online-porn.html
- In 2016 alone, Pornhub got 23 BILLION visits. That's 729 people a second, or 64 million a day—nearly equal to the population of the United Kingdom. Enough porn was watched in 2016 on this one website that all the data would fill 194,000,000 USB sticks. Last year alone, 91,980,225,000 videos were watched on Pornhub. That's 12.5 videos for every person on the planet.
- According to research by security technology company Bitdefender, kids under the age of 10 now account for 22% of online porn consumption among the under 18 age.
- 75% of girls with low self-esteem reported engaging in negative activities like cutting, bullying, smoking, drinking, or disordered eating.
- About 20% of teens will experience depression before they reach adulthood.
- 7 in 10 girls believe that they are not good enough or don't measure up in some way, including their looks, performance in school and relationships with friends and family members.

## https://www.dosomething.org/us/facts/11-facts-about-teens-and-self-esteem

- Teens who spend five or more hours per day on their devices are 71 percent more likely to have one risk factor for suicide. www.npr.org/2017/12/17/571443683/the-call-in-teens-and-depression
- 16% use parental controls to restrict their teen's use of his or her cellphone.
- 16% use monitoring tools on their teen's cellphone to track their location. www.pewresearch.org/
- 70% of children 7 to 18 years old have accidentally encountered online pornography, often through a web search while doing homework.
- 90% of children ages 8-16 have seen online pornography.
- Law enforcement officials estimate that more than 50,000 sexual predators are online at any given moment.
- 1 in 5 youth ages 10 to 17 received a sexual solicitation or were approached online.

Check out www.commonsensemedia.org for reviews of apps, movies, gaming sites, and more. Go to www.covenanteyes.com for free resources and info on protecting your family on the internet.

# Filtering & Monitoring

# Great sites with general technology safety:

www.connectsafely.org

# Web-browsers that have parental protection and filtering:

- <u>Pinwheel</u> Smartphone for kids without adult functions no web browser, no social media or adult apps. <a href="https://www.pinwheel.com/">https://www.pinwheel.com/</a>
- Mobicip Safe Browser with Parental Controls. https://itunes.apple.com/us/app/mobicip-safe-browser/id299153586?mt=8

## Teen/Child-Specific Email Platforms:

- ZilliaMail— is a free email service with built-in safety features that allow parents to set up "Buddy Lists" for their kids and filter out profanity or other specific phrases (such as a home address). There is no spam, so no risk of kids getting or sending emails to unknown sources.
  - Parents also have the option to receive a blind carbon copy (bcc) of all messages to their own account in order to track their child's activities. Additional features include customizable display screen "skins," such as music, sports, or slime
  - For younger children, Zilla Mail can read mail out loud, which is a great way to help <u>early readers</u> and those with reading challenges to access email. The site also includes access to a variety of games. https://zilladog.com/
- <u>KidsEmail:</u> <u>KidsEmail</u> is a comprehensive web-based email program that allows parents to choose between a white list (limiting use to a list of approved senders) and a blacklist (that blocks out specific unwanted senders). The site offers sophisticated filters and parent controls, such as time limits, parent blind carbon copies, and the ability to block out images and certain types of attachments. You're allowed up to four child emails per adult account.
  - Differentiate between teen and child accounts, giving more freedom (while still providing ageappropriate protection) as kids grow up. Emails that fail the "safety rules" you set up go to an email queue that you can review.
  - https://www.kidsemail.org/index.php
- <u>TocoMail</u> <u>Tocomail</u> is a comprehensive email app, with free and paid options, likely to appeal to tweens and teens as much as parents. Parents can utilize all the safety features, such as managing contact lists, perusing unauthorized emails in the "Quarantine box," and filtering out profanity, kids will enjoy all the cool extras this site offers.
  - Kids can create personalized avatars and customize their messages via the site's fun "drawing board." This feature includes postcards, stamps, and pens and brushes to create unique images and attachments.
  - Account protections can also be customized for older or younger children, letting you balance the appropriate levels of freedom and screening needed for your child. https://tocomail.com/

# Programs that will allow you to see the phone calls and text messages your child is sending:

- http://www.mobile-spy.com
- https://webwatcher.com/ (This program provides both cell phone and pc monitoring and allows you to see: SMS & Texts including Deleted Texts, Photos (camera roll), WebsiteHistory, Call Log History, GPS Location, Tinder, WhatsApp, Kik, Viber and App Usage.
- www.wezift.com
- www.spyzie.io
- www.connectsafely.org
- www.bark.us: Monitors text messages, YouTube, Emails, and over 30+ apps. It provides parental alerts for screen time and inappropriate sites and content. It also detects suspicious activity that might indicate online predators, sexting, cyberbullying, suicidal thoughts, drug use, adult content etc.

#### **Parent Controls:**

- Apple Devices: Set consent & Privacy settings with a "screentime passcode." Follow link with instructions: https://support.apple.com/en-us/HT201304
- Safari –can no longer be disabled on iPhone.
- Kindle/Kindle Fire: http://www.amazon.com/gp/help/customer/display.html?nodeld=201239620
- Netflix: https://help.netflix.com/en/node/264
- Android: http://mamabearapp.com/parental-control-apps-android/
- YouTube Parent Controls: https://support.google.com/youtube/answer/174084?hl=en-GB
- Amazon Echo Parental Controls: Set up OpenDNS on your home's router (this is necessary in order to filter
  web content, since the Echo doesn't have a content filter of its own, yet it obviously does connect to the
  Internet). You'll want to set up the parental controls in Amazon Prime following this video:
  https://protectyoungeyes.com/content/amazon-echo-parental-controls/

# Texting Slang & #Hashtags

ASL(RP)	Age Sex Location (Race/Picture)
BF/GF	Boyfriend/Girlfriend
BRB	Be Right Back
CD9	Code 9 – means parents are here
GNOC	Get naked on cam (webcam)
GTG	Got to go
IDK	I don't know
MIRL	Meet in real life
LOL	Laugh out loud
MorF	Male or Female
MOS	Mom over shoulder
NIFOC	Naked in front of computer
Noob	Newbie
NMU	Not much, you?
P911	Parent emergency
PAW	Parents are watching

PIR	Parents in room
POS	Parent over shoulder
PRON	Porn
PRW	Parents are watching
S2R	Send to receive (pictures)
TDTM	Talk dirty to me
W/E	Whatever
WTF	What the f
GNRN	Get naked right now
FMH	Fme harder
IWS	I want sex
IIT	Is it tight?
Q2C	Quick to come
RUH	Are you horny?
SorG	Straight or Gay
JO	J off
YWS	You want sex
WYCM	Will you call me?

#deb, "depression" #sue, "suicide" #ana. "anorexic" #mia, "bulimia" #ednos, "eating disorder not otherwise specified" #thinsp, "thinspo" or "thinspiration" #borderline, "borderline personality disorder" #svv, "selbstverletzendes verhalten" or self-harming behavior #secretsociety123, community of people who engage in NSSH, or non-suicidal self harm #420, "weed" or "pot," can also be represented by the maple leaf emoji, any leaf, tree, or pineapple emoji and the green check mark, as in "Yes, I have or can get some."

# Dangerous App Trends

Yik Yak: The producers of this app call it "the anonymous social wall for anything and everything."

Tinder: dating tool or an anonymous hook-up

Ask.fm: linked to suicides.

Kik Messenger: Reviews in the App Store reveal that many use Kik to meet strangers for sexting and cyberbullying

Snapchat: Snapchat pics don't completely disappear, and users can take a screenshot before vanishing.

<u>Whisper:</u> This 17+ app's motto is: "Share Secrets, Express Yourself, Meet New People." An anonymous social networkthat lets users share secrets with strangers. Police say it also shows users' location so people can meet up.

**Tumblr:** easily access pornographic, violent, and inappropriate content.

**Instagram:** connecting with people they don't know well or at all.

<u>Jailbreak Programs and Icon-Hiding Apps:</u> hacking your own device to lift restrictions on allowable applicationsmeaning, the user can then download third-party apps not sold in the App Store or Google Play store <u>Chatroulette:</u> Log into the site and people are randomly connected with another person logged into the site.

**Poof:** by Cydia. With one touch, Poof makes apps disappear before parents' prying eyes.

Minecraft: Minecraft has a sex mode (also called "sexcraft") that can be accessed in the game app.

**BeeTalk:** that kids use to get around a parent who checks their text messages.

**Spotafriend:** Basically like Tinder for teens.

Flinch: screenshots of your child's face and a live video link to your child's location.

<u>WhatsApp:</u> Does not require password, provides no limit on adult content, frequently used by online predators. <u>TikTok-</u> Formerly known as "Music.ly", this app can be fun and used innocently, however, it is not difficult to find videos that contain swearing and sexually charged lyrics or women wearing revealing clothing.

<u>Calculator Vault Apps-</u> It looks like a calculator and even functions as such, but plug in a passcode, and you'll gain access to hidden photos and videos. Many of these apps are free to download, and some allow the entire vault to be uploaded to cloud storage that can be accessed even after the app is deleted.

<u>MeetMe:</u> A dating social media app that connects people based on location. Users are encouraged to meet in person. <u>Bumble:</u> Similar to Tinder, but requires women to make the first contact. Law enforcement says kids and teens can create fake accounts and falsify their age.

<u>Live.Me:</u> A live-streaming app that uses geolocation to share videos. The sheriff's office said users can earn "coins" to "pay" minors for photos.

**Grindr:** A dating app geared toward the LGBTQ community based on user location.

<u>Holla:</u> This self-proclaimed "addicting" video chat app lets users meet people in seconds. Law enforcement said users have seen racial slurs and explicit content.

**Skout:** A location-based dating app that is supposed to prohibit people under 17 from sharing private photos. However, police say kids can easily create an account with a different age.

<u>Badoo:</u> A dating and social media app where users can chat and share photos and videos based on location. Police saythe app is supposed to be for adults only, but they've seen teens create accounts.

<u>Hot or Not:</u> The app lets users rate profiles, check out people in their area and chat with strangers. Police say the goalof the app is to hook up.

<u>Unlock Device</u>: If your phone is in the lock position, you can pull down your setting options in the top right corner. If you press all 4 of the top left buttons quickly, then press the calculator button, turn your phone horizontal and swipe up – the phone will unlock without a passcode. Your child can do this on anyone's device.

<u>Saturn:</u> A mobile calendar tool teens use to track & manage classes and assignments. Student personal information, including class schedules & SnapChat account info, are shared with other users in the app. The app organizes users by school and allows anyone to create a fake account, giving access to lists of students all over the country.

<u>BeReal:</u> Once a day, users get a time-sensitive notification. You then have two minutes to take a photo of what you're doing — it will automatically create a collage of an image taken from both your front and back camera. The time you get this alert changes every day, so it's random when you'll need to be photo-ready. The feed is public to anyone with an account. <u>HILY:</u> is a dating app where users can browse photos, engage in chats, send private videos and more. Based on GPS location of phone, strangers can arrange to meet up locally.

<u>Discord</u>: allows users to talk to friends or strangers in real-time via voice/text or video chat while playing games. Users have seen racial slurs, explicit content, cyberbullying and more.

<u>Monkey:</u> is a live video chat app that connects users to random strangers worldwide, offering group chat and private message options. Rated for 12+,but has mild sexual content and nudity.

<u>Omegle:</u> lets users chat with strangers through text or video in real-time, with no registration required. While it can be used for casual conversations, users have reported encountering inappropriate content, cyberbullying, explicit material, and even predatory behavior.

<u>Hoop:</u> Tinder meets Snapchat — almost literally. The app allows kids as young as 12 to form connections with total strangers. By swiping through profiles — which include the person's age, gender, and photos — users can pick who they'd like to start a conversation with. They can then request that person's Snapchat username with the tap of a button to continue the conversation there. While adults are also able to use the app, Hoop claims that users over 18 won't be shown kids' profiles (and vice versa). Still, this seems a little too close for comfort.

# **Al information:**

# Children's Rights

"While there are many uncertainties around Artificial Intelligence, we know that it will impact almost every part of our lives, and that in many cases the impacts will be greatest for children from how they are conceived and born, to the services they can access and how they learn, to the jobs they will train for... With this in mind, we have started to outline the areas where ethical considerations are most needed to uphold and protects children's rights in the age of AI." "Children and AI: Where are the opportunities and risks?" Unicef and the World Economic Forum

• Do we want Unicef and World Economic Forum deciding our children's "rights" regarding AI?

# World Photo Competition

"A photographer from Germany says he won a competition by submitting an image not taken with his camera – but created using artificial intelligence. Boris Eldagsen says he chose to be a "cheeky monkey" and submit an image made by artificial intelligence to spark a debate about the use of Al in the industry.

Eldagsen submitted a portrait titled "Pseudomnesia | The Electrician" to the Sony World Photography Awards, saying the competition allowed the use of "any device." He was selected as one of the many winners in the competition's creative open category. However, he refused the prize at a ceremony earlier this month.

"Thank you for selecting my image and making this a historic moment, as it is the first AI-generated image to win in a prestigious international PHOTOGRAPHY competition," he said in a statement, <u>posted on his website</u>, "How many of you knew or suspected that it was AI generated? Something about this doesn't feel right, does it?"

The black-and-white image shows a woman leaning on the shoulder of another woman. "Al images and photography should not compete with each other in an award like this. They are different entities. Al is not photography. Therefore, I will not accept the award," he said."

CBS News Article "He submitted an AI image to a photography competition and won – then rejected the award." By Caitlin O'Kane, April 19,2023

# ChatGPT and Bard

Bard runs off of information compiled on the internet and ChatGPT is trained on data from 2021.

Students are using these platforms for school projects, research and assignments as well as having conversations with them. In an article by Angela Patterson entitled, "I Asked ChatGPT if Teens Should Use It. Here's What it Said." ChatGPT and Bard both responded that it depends on the age and maturity of the child and that the child should consult a trusted adult.

Bottom line we do not need machines and programs or Unicef telling parents what is appropriate for children.

More info & resources at: WWW. CANDYGIBBS.COM

