



Stats for Pre-teens & Teens' Technology Use

- 91% of Gen Z use YouTube
<https://blog.ryan-jenkins.com/how-generation-z-uses-technology-and-social-media>
- 88% of students surveyed use Instagram and Snapchat
- 81% of students surveyed use Facebook
- 51% of students surveyed said they use Snapchat more than 11 times per day
- 90% of Snapchat users surveyed said they enjoy the Geo-Filters
- 50% of Snapchat users surveyed said they'd feel disconnected from friends if not for Snapchat
- 25% of Snapchat users surveyed indicated Snapchat is essential to their relationships
<https://www.marketingdive.com/news/study-gen-z-frequents-snapchat-more-than-its-social-media-rivals/440626/>
- 72 % of college students view porn— 93 percent of males and 62 percent of females — had some level of addiction to porn before they turned 18, and another study found that 87 percent of college-aged men and 31 percent of college-aged women reported using pornography.
<https://www.deseret.com/2016/2/2/20581496/figuring-out-why-teens-turn-to-pornography/>
- According to research by security technology company Bitdefender, kids under the age of 10 now account for 22% of online porn consumption among the under 18 age.
- 75% of girls with low self-esteem reported engaging in negative activities like cutting, bullying, smoking, drinking, or disordered eating.
- About 20% of teens will experience depression before they reach adulthood.
- 7 in 10 girls believe that they are not good enough or don't measure up in some way, including their looks, performance in school and relationships with friends and family members.
<https://www.dosomething.org/us/facts/11-facts-about-teens-and-self-esteem>
- Teens who spend five or more hours per day on their devices are 70 percent more likely to have one risk factor for suicide. <https://pmc.ncbi.nlm.nih.gov/articles/PMC10852174/>
- 70% of children 7 to 18 years old have accidentally encountered online pornography, often through a web search while doing homework.
- 90% of children ages 8-16 have seen online pornography.
- Law enforcement officials estimate that more than 50,000 sexual predators are online at any given moment.
- 1 in 5 youth ages 10 to 17 received a sexual solicitation or were approached online.

Check out www.common sense media.org for reviews of apps, movies, gaming sites, and more. Go to www.covenanteyes.com for free resources and info on protecting your family on the internet.

Filtering & Monitoring

Great sites with general technology safety:

- www.connectsafely.org

Web-browsers that have parental protection and filtering:

- **Pinwheel** – Smartphone for kids without adult functions – no web browser, no social media or adult apps. <https://www.pinwheel.com/>
- **Mobicip Safe Browser with Parental Controls**. <https://itunes.apple.com/us/app/mobicip-safe-browser/id299153586?mt=8>

Teen/Child-Specific Email Platforms:

- **KidsEmail:** KidsEmail is a comprehensive web-based email program that allows parents to choose between a white list (limiting use to a list of approved senders) and a blacklist (that blocks out specific unwanted senders). The site offers sophisticated filters and parent controls, such as time limits, parent blind carbon copies, and the ability to block out images and certain types of attachments. You're allowed up to four child emails per adult account. Differentiate between teen and child accounts, giving more freedom (while still providing age-appropriate protection) as kids grow up. Emails that fail the "safety rules" you set up go to an email queue that you can review. <https://www.kidsemail.org/index.php>
- **TocoMail** - Tocomail is a comprehensive email app, with free and paid options, likely to appeal to tweens and teens as much as parents. Parents can utilize all the safety features, such as managing contact lists, perusing unauthorized emails in the "Quarantine box," and filtering out profanity, kids will enjoy all the cool extras this site offers. Kids can create personalized avatars and customize their messages via the site's fun "drawing board." This feature includes postcards, stamps, and pens and brushes to create unique images and attachments. Account protections can also be customized for older or younger children, letting you balance the appropriate levels of freedom and screening needed for your child. <https://tocomail.com/>

Programs that will allow you to see the phone calls and text messages your child is sending:

- <http://www.mobile-spy.com>
- <https://webwatcher.com/> (This program provides both cell phone and pc monitoring and allows you to see: SMS & Texts including Deleted Texts, Photos (camera roll), WebsiteHistory, Call Log History, GPS Location, Tinder, WhatsApp, Kik, Viber and App Usage.
- www.wezift.com
- www.connectsafely.org
- www.bark.us : Monitors text messages, YouTube, Emails, and over 30+ apps. It provides parental alerts for screen time and inappropriate sites and content. It also detects suspicious activity that might indicate online predators, sexting, cyberbullying, suicidal thoughts, drug use, adult content etc.

Internet Filtering:

- **Firewall level:** See videl link for how to setup a DNS Filter on a Ubiquiti Dream Machine. The firewalls and routers are newer, they discontinued this particular model, but the setup and concept is the same. You can also get firewalls with content filter features built in. <https://youtu.be/XNfamVApd3s>
- **Microsoft Family:** you can use this to filter, restrict, and monitor not just devices in the house, but mobile as well. <https://www.microsoft.com/en-us/microsoft-365/family-safety>
- **DNS Filter:** <https://www.dnsfilter.com/> <https://www.opendns.com/home-internet-security/>
- <https://webwatcher.com/> (This program provides both cell phone and pc monitoring and allows you to see: SMS & Texts including Deleted Texts, Photos (camera roll), WebsiteHistory, Call Log History, GPS Location, Tinder, WhatsApp, Kik, Viber and App Usage.
- Avoid Giving your child an iPhone. Use Gabb or Bark phones for kids.
- Google Family link: With the newest Google update, a search history can now be set to be automatically deleted, and it can automatically save images, videos, etc. to a user's search services. "Google will save media to your child's Search Services History to help improve their experience"... Visit the link below to change the

parameters in your family's google accounts. [Click HERE.](#)

Parent Controls:

- Apple Devices: Set consent & Privacy settings with a "screentime passcode." Follow link with instructions: <https://support.apple.com/en-us/HT201304>
- Safari –can no longer be disabled on iPhone.
- Netflix: <https://help.netflix.com/en/node/264>
- Android: <http://mamabearapp.com/parental-control-apps-android/>
- YouTube Parent Controls: <https://support.google.com/youtube/answer/174084?hl=en-GB>

Texting Slang & #Hashtags

ASL(RP)	Age Sex Location (Race/Picture)	PIR	Parents in room	#deb, "depression"
BF/GF	Boyfriend/Girlfriend	POS	Parent over shoulder	#sue, "suicide"
BRB	Be Right Back	PRON	Porn	#ana, "anorexic"
CD9	Code 9 – means parents are here	PRW	Parents are watching	#mia, "bulimia"
GNOC	Get naked on cam (webcam)	S2R	Send to receive (pictures)	#ednos, "eating disorder not otherwise specified"
GTG	Got to go	TDTM	Talk dirty to me	#thinsp, "thinspo" or "thinspiration"
IDK	I don't know	W/E	Whatever	#borderline, "borderline personality disorder"
MIRL	Meet in real life	WTF	What the f...	#svv, "selbstverletzendes verhalten" or self-harming behavior
LOL	Laugh out loud	GNRN	Get naked right now	#secretsociety123, community of people who engage in NSSH, or non-suicidal self harm
MorF	Male or Female	FMH	F....me harder	#420, "weed" or "pot," can also be represented by the maple leaf emoji, any leaf, tree, or pineapple emoji and the green check mark, as in "Yes, I have or can get some."
MOS	Mom over shoulder	IWS	I want sex	
NIFOC	Naked in front of computer	IIT	Is it tight?	
Noob	Newbie	Q2C	Quick to come	
NMU	Not much, you?	RUH	Are you horny?	
P911	Parent emergency	SorG	Straight or Gay	
PAW	Parents are watching	JO	J... off	
		YWS	You want sex	
		WYCM	Will you call me?	

Dangerous App Trends

Roblox: YouTube meets Minecraft. Describing itself as “the ultimate virtual universe”, Roblox features millions of games and interactive environments, known collectively as “experiences”. Users may play games in the app or create their own. Users can play with and interact with strangers. Games may contain strong violence, heavy realistic blood including Charlie Kirk assassination, moderate crude humor, romantic themes, and gambling content. A satanic group called 764 is very active on Roblox.

BrandArmy...Only Fans for Teens: BrandArmy is a US-based social media subscription platform established in 2020, offering a “safe for work” alternative to OnlyFans, enabling content creators to generate revenue via subscriptions. Operating from Dallas and Los Angeles, the platform facilitates direct connections between creators, including celebrities and influencers, and their fans. BrandArmy also features “Junior Channels” for users under 18, managed by parents and requiring permission, despite some concerns regarding content appropriateness. The platform has secured pre-seed funding and provides brand partnership opportunities, presenting itself as an alternative to platforms like Patreon.

Yik Yak: The producers of this app call it “the anonymous social wall for anything and everything.”

Tinder: dating tool or an anonymous hook-up

Ask.fm: linked to suicides.

Kik Messenger: Reviews in the App Store reveal that many use Kik to meet strangers for sexting and cyberbullying

Snapchat: Snapchat pics don't completely disappear, and users can take a screenshot before vanishing.

Whisper: This 17+ app's motto is: “Share Secrets, Express Yourself, Meet New People.” An anonymous social network that lets users share secrets with strangers. Police say it also shows users' location so people can meet up.

Tumblr: easily access pornographic, violent, and inappropriate content.

Instagram: Teens may encounter sexual content, violence, drug-related content, profanity, or other age-inappropriate material. Direct messaging within the app can expose users to contact with predators.

TikTok: As with Instagram, TikTok is a social media platform that exposes children and teens to inappropriate content, unrealistic social comparisons, and feeds addiction to their device. TikTok also presents opportunity for predators to contact your child.

Jailbreak Programs and Icon-Hiding Apps: hacking your own device to lift restrictions on allowable applications meaning, the user can then download third-party apps not sold in the App Store or Google Play store **Chatroulette:** Log into the site and people are randomly connected with another person logged into the site.

Poof: by Cydia. With one touch, Poof makes apps disappear before parents' prying eyes.

Minecraft: Minecraft has a sex mode (also called “sexcraft”) that can be accessed in the game app.

BeeTalk: that kids use to get around a parent who checks their text messages.

Spotafriend: Basically like Tinder for teens.

Flinch: screenshots of your child's face and a live video link to your child's location.

WhatsApp: Does not require password, provides no limit on adult content, frequently used by online predators. **TikTok-** Formerly known as “Music.ly”, this app can be fun and used innocently, however, it is not difficult to find videos that contain swearing and sexually charged lyrics or women wearing revealing clothing.

Calculator Vault Apps- It looks like a calculator and even functions as such, but plug in a passcode, and you'll gain access to hidden photos and videos. Many of these apps are free to download, and some allow the entire vault to be uploaded to cloud storage that can be accessed even after the app is deleted.

MeetMe: A dating social media app that connects people based on location. Users are encouraged to meet in person. **Bumble:** Similar to Tinder, but requires women to make the first contact. Law enforcement says kids and teens can create fake accounts and falsify their age.

Live.Me: A live-streaming app that uses geolocation to share videos. The sheriff's office said users can earn “coins” to “pay” minors for photos.

Grindr: A dating app geared toward the LGBTQ community based on user location.

Holla: This self-proclaimed “addicting” video chat app lets users meet people in seconds. Law enforcement said users have seen racial slurs and explicit content.

Skout: A location-based dating app that is supposed to prohibit people under 17 from sharing private photos. However, police say kids can easily create an account with a different age.

Badoo: A dating and social media app where users can chat and share photos and videos based on location. Police say the app is supposed to be for adults only, but they've seen teens create accounts.

Hot or Not: The app lets users rate profiles, check out people in their area and chat with strangers. Police say the goal of the app is to hook up.

Unlock Device: If your phone is in the lock position, you can pull down your setting options in the top right corner. If you press all 4 of the top left buttons quickly, then press the calculator button, turn your phone horizontal and swipe up – the phone will unlock without a passcode. Your child can do this on anyone's device.

Saturn: A mobile calendar tool teens use to track & manage classes and assignments. Student personal information, including class schedules & SnapChat account info, are shared with other users in the app. The app organizes users by school and allows anyone to create a fake account, giving access to lists of students all over the country.

BeReal: Once a day, users get a time-sensitive notification. You then have two minutes to take a photo of what you're doing — it will automatically create a collage of an image taken from both your front and back camera. The time you get this alert changes every day, so it's random when you'll need to be photo-ready. The feed is public to anyone with an account.

HILY: is a dating app where users can browse photos, engage in chats, send private videos and more. Based on GPS location of phone, strangers can arrange to meet up locally.

Discord: allows users to talk to friends or strangers in real-time via voice/text or video chat while playing games. Users have seen racial slurs, explicit content, cyberbullying and more.

Monkey: is a live video chat app that connects users to random strangers worldwide, offering group chat and private message options. Rated for 12+, but has mild sexual content and nudity.

Omegle: lets users chat with strangers through text or video in real-time, with no registration required. While it can be used for casual conversations, users have reported encountering inappropriate content, cyberbullying, explicit material, and even predatory behavior.

Hoop: Tinder meets Snapchat — almost literally. The app allows kids as young as 12 to form connections with total strangers. By swiping through profiles — which include the person's age, gender, and photos — users can pick who they'd like to start a conversation with. They can then request that person's Snapchat username with the tap of a button to continue the conversation there. While adults are also able to use the app, Hoop claims that users over 18 won't be shown kids' profiles (and vice versa). Still, this seems a little too close for comfort.

Gaming Systems: All gaming systems can be used to access porn.

AI information:

Children's Rights

"While there are many uncertainties around Artificial Intelligence, we know that it will impact almost every part of our lives, and that in many cases the impacts will be greatest for children from how they are conceived and born, to the services they can access and how they learn, to the jobs they will train for... With this in mind, we have started to outline the areas where ethical considerations are most needed to uphold and protect children's rights in the age of AI." "Children and AI: Where are the opportunities and risks?" Unicef and the World Economic Forum

- Do we want Unicef and World Economic Forum deciding our children's "rights" regarding AI?

World Photo Competition

"A photographer from Germany says he won a competition by submitting an image not taken with his camera — but created using artificial intelligence. Boris Eldagsen says he chose to be a "cheeky monkey" and submit an image made by artificial intelligence to spark a debate about the use of AI in the industry.

Eldagsen submitted a portrait titled "Pseudomnesia | The Electrician" to the Sony World Photography Awards, saying the competition allowed the use of "any device." He was selected as one of the many winners in the competition's creative open category. However, he refused the prize at a ceremony earlier this month.

"Thank you for selecting my image and making this a historic moment, as it is the first AI-generated image to win in a prestigious international PHOTOGRAPHY competition," he said in a statement, [posted on his website](#). "How many of you knew or suspected that it was AI generated? Something about this doesn't feel right, does it?"

The black-and-white image shows a woman leaning on the shoulder of another woman. "AI images and photography should not compete with each other in an award like this. They are different entities. AI is not photography. Therefore, I will not accept the award," he said."

CBS News Article "He submitted an AI image to a photography competition and won — then rejected the award."
By Caitlin O'Kane, April 19, 2023

ChatGPT and Bard

Bard runs off of information compiled on the internet and ChatGPT is trained on data from 2021.

Students are using these platforms for school projects, research and assignments as well as having conversations with them. In an article by Angela Patterson entitled, "I Asked ChatGPT if Teens Should Use It. Here's What it Said." ChatGPT and Bard both responded that it depends on the age and maturity of the child and that the child should consult a trusted adult.

Bottom line we do not need machines and programs or Unicef telling parents what is appropriate for children.

More info & resources at:

CG Candy Gibbs
WWW.CANDYGIBBS.COM



Scan to view handout on
your device